



## **H1N1 Vaccine Update**

**Last update: October 30, 2009**

The following information is also available on the Billings Clinic H1N1 Influenza Hotline at 406-238-2680.

RiverStone Health has received additional H1N1 vaccine. RiverStone Health will administer 1,200 vaccine doses at a walk-in clinic beginning at 1:00 pm, Monday, November 2<sup>nd</sup>, at the Shrine Auditorium, 1125 Broadwater Avenue. Prior to the walk-in clinic opening, medical personnel will be assisting people waiting in line to determine if they are a member of the priority tier and if so, which form of the H1N1 vaccine they will receive. Because vaccine is being distributed on a first-come, first-served basis, people seeking a vaccine must be in line to receive medical assistance.

Once additional H1N1 vaccine becomes available, Billings Clinic will continue to vaccinate patients in the following priority tier:

- Someone who lives with or cares for children under 6 months old
- Pregnant woman
- Healthcare or emergency service worker
- Someone 6 months through 24 years old
- Someone 25 through 64 years old with a chronic medical condition

The Centers for Disease Control and Prevention indicate that you should immediately seek medical care if you or someone at home experiences any of the following:

- difficulty breathing or chest pain
- purple or blue discoloration of the lips
- vomiting and unable to keep liquids down
- signs of dehydration such as dizziness when standing, absence of urination, or in infants, a lack of tears when they cry
- seizures (for example, uncontrolled convulsions)
- or is less responsive than normal or becomes confused

CDC also recommends that you should keep away from others as much as possible and to stay home for at least 24 hours after the fever is gone without the use of fever-reducing medicine. The exception is to seek medical care.

As vaccine continues to be limited in our community, your best defense is to take preventative measures to avoid becoming ill: (this section should be static for all scripts)

- Wash your hands often - In the sink, wash hands with soap and warm water while singing "Happy Birthday" twice. Alcohol based hand antiseptics with at least 60% alcohol are also effective.
- Cover your mouth and nose - Cover your mouth and nose with your sleeve or a tissue when coughing or sneezing. Throw the tissue in the trash after you use it and then wash or disinfect your hands.
- Stay home if you are sick - except to seek medical care.
- Avoid touching your eyes, nose or mouth

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