



Training Center
2800 Tenth Avenue North
PO Box 37000
Billings, MT 59107-7000

Dear Participant,

You are signed up to participate in the PALS course for the new or current provider to sharpen your PALS expertise. **Please plan to be on time** because it will be difficult for late students to catch up once we start. Students are expected to attend and participate in the entire course.

It is *mandatory* that you **must purchase or have the new 2020 PALS Provider manual you will be required to bring this to class.** The **2020 ECC Handbook is optional.** *(These may be purchased from the Training Center)*

Precourse Self-Assessment

1. Visit elearning.heart.org/courses.
2. Find the course name (**PALS Precourse Self-Assessment and Precourse Work**).
3. Once you find your course, select Launch Course to begin.

Note: If you haven't already logged in, the system will ask you to do so. If you haven't visited the site before, you'll be prompted to set up an account.

How to Get Ready

The PALS Course is designed to teach you the lifesaving skills required to be both a team member and a Team Leader in either an in-hospital or out-of-hospital setting. Because the PALS Course covers extensive material in a short time, you will need to prepare for the course beforehand.

Precourse Requirements

You should prepare for class by doing the following:

1. Review and understand the information in your *PALS Provider Manual*.
2. Review, understand, and pass the mandatory precourse self-assessment.
3. Review, understand, and complete the mandatory precourse work (video lessons). You must pass the precourse self-assessment before gaining access to the video lessons. Once you have passed the PALS Precourse Self-Assessment and completed the video lessons, print your certificate, and bring it with you to class.
4. Ensure that your BLS skills and knowledge are current for the resuscitation scenarios. You will be tested on child and infant high-quality BLS skills using a feedback manikin at the beginning of the PALS Course. You must know this in advance because you will not be taught how to do CPR or use an AED.

What to Bring and What to Wear

Bring your *PALS Provider Manual* to each class. You will need it during each lesson in the course. You may wish to purchase the *2020 Handbook of Emergency Cardiovascular Care for Healthcare Providers* (optional), which you may bring to class to use as a reference guide during some of the stations in the course.

Please wear loose, comfortable clothing to class. You will be practicing skills that require you to work on your hands and knees, and the course requires bending, standing, and lifting. If you have any physical condition that might prevent you from engaging in these activities, please tell an instructor. The instructor may be able to adjust the equipment if you have back, knee, or hip problems.

Registration cancellation and absenteeism:

A 10-day notice of registration cancellation is required. Registrants providing less than 10 days of notice to the Training Center are not eligible for a refund and will be charged for the course. Billings Clinic employees not providing 10 days of notice will have their respective departments charged for the class. Understandably, emergencies and other unforeseen events can occur which could prevent notifying the Training Center of a cancellation until the last moment. The TC Coordinator will therefore review the circumstances of the late notification prior to charging the student or department.

You must have, bring your *current BLS Healthcare provider card* to attend the course. A copy would be even better 😊.

This class will be held at 801 North 29th Street, Billings, MT 59107

Billings Clinic Commons, go to the basement using the Cancer Center elevators or stair case near the Cancer Center just past the dedication signage. After leaving the elevator take an immediate left or take an immediate right after the stairs. Go through the double doors and you are in the simulation and experiential learning lab.

If you have any questions do not hesitate to contact my office at 657-4228

Respectfully,



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American Heart Association Emergency Cardiovascular Care Program
PALS UPDATE (RENEWAL) COURSE AGENDA

Billings Clinic Simulation Lab (SELL)—801 North 29th Street

8:00-8:10 Welcome, Introductions, and Course Administration			
8:10-8:15 Lesson 1: PALS Course Overview—			
8:15-8:30 Lesson 2: Overview of PALS Science—			
<i>Divide class into 3 groups</i>	Lesson 3 BLS Practice and Competency Testing	Lesson 4 Management of Respiratory Emergencies	Lesson 5 & 6 Rhythm Disturbances Electrical Therapy Vascular Access
8:30-9:30	Group 1	Group 2	Group 3
9:30-9:40 Break			
9:40-10:40	Group 2	Group 3	Group 1
10:40-11:40	Group 3	Group 1	Group 2
11:40-12:30 Lunch			
12:30-1:00 Lesson 7: Resuscitation Team Concept			
1:00-1:10 Lesson 8: Coping With Death			
1:10-1:20 Lesson 9: Overview of Pediatric Assessment			
1:40-1:50 Break			
<i>Divide class into 3 groups</i>	Lesson 10 Putting It All Together	Lesson 10 Putting It All Together	Lesson 10 Putting It All Together
1:50-2:50	Group 1	Group 2	Group 3
2:50-2:55 Lesson 11: Course Summary and Testing Details			
2:55-3:40 Lesson 12: Written Exam			
<i>Divide class into 3 groups</i>	Lesson 13 PALS Core Case Test 1	Lesson 13 PALS Core Case Test 1 Cardiac Cases 9 – 12	Lesson 13 PALS Core Case Test 1 Cardiac Cases 9 – 12
3:40-4:40	Group 1	Group 2	Group 3
<i>Divide class into 3 groups</i>	Lesson 14 PALS Core Case Test 2 Respiratory Cases 1 -4 Shock Cases 5 – 8	Lesson 14 PALS Core Case Test 2 Respiratory Cases 1 -4 Shock Cases 5 – 8	Lesson 14 PALS Core Case Test 2 Respiratory Cases 1 -4 Shock Cases 5 – 8
4:40-5:40	Group 1	Group 2	Group 3
5:45 Course Ends & Remediation			

The American Heart Association strongly promotes knowledge and proficiency in BLS, ACLS, and PALS and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the American Heart Association, and any fees charged for such a course do not represent income to the Association.