

New!

One-time “Welcome to Medicare” Physical Exam

Medicare has defined this appointment as a one-time preventative visit **within the first six months that you have Part B**. The visit will include a thorough review of your health, education and counseling about the preventive services that you need, like certain screenings and shots, and referrals for other care. The “Welcome to Medicare” visit is a great way to get up-to-date on important screenings and shots and to talk with your doctor about your family history and how to stay healthy.

What should I expect during my visit?

- Review of your medical history
- Check your blood pressure, weight and height
- Order an Electrocardiogram (EKG)
- Review and make sure you are up-to-date on your shots
- Order more tests and make another appointment, if necessary
- Advice on how to prevent disease, improve health and stay well
- Receive a written plan (such as a checklist) with other screenings and preventive services you should get
- You will not receive a complete physical at this time; you may need a separate appointment at a later date.

How much does the visit cost?

You pay 20% of the Medicare-approved amount after you meet the yearly deductible (\$110 for 2005). Since this may be your first Medicare-covered service, you may meet your entire Part B deductible at this visit. If you require a more in-depth visit or exam, you may need to schedule another appointment.

What should I bring with me to the visit?

- Completed history form (available on www.billingsclinic.com)
- Completed depression screening form (available on www.billingsclinic.com)
- Any medications you are currently taking

Please note: if you are a new patient to Billings Clinic, please bring a copy of your medical records.