



Billings Clinic

- Contact Your Insurance Company:** To verify if weight loss surgery is covered under your plan. It is helpful to know if there are any requirements for approval.
- Contact Financial Counselor:** For verification of benefits and details about out-of-pocket expense, call 238-5373 and speak with our financial counselor
- Attend Information Session:** Register at billingsclinic.com/classes
- Schedule appointment with Medical Provider in the Metabolism Center**
- Appointment with Surgeon**
- Meet with Team Members:** Frequency of visits may be dictated by your insurance coverage
 - Registered Dietitian
 - Licensed Clinical Social Worker (LCSW)
- Pre-op Evaluation:** As determined by the providers
 - Sleep study
 - Endoscopy
 - Lab work
 - Neuropsych testing
 - Physical Activity Assessment
 - Ambulatory Pharmacist Consult
- Team Review**
- Insurance Authorization & Surgery Date Scheduled:** This may take up to 6 weeks.
- Out-of-Pocket Payment Due:** Once insurance authorization has been obtained, the estimated out-of-pocket **payment** for your surgery is due **before** your surgery date is scheduled. Our financial counselor will be contacting you with your estimated out-of-pocket cost and can be reached by calling 238-5373.
- Pre-op Group Education (2-4 weeks prior to surgery):** Classes are offered on the first and third Tuesday of the month from 1:30 to 3 pm. Program fee of \$400 due at this time. Program fee covers the cost associated with all education, support, and nursing services provided during the pre and post operative program. This includes assistance with insurance pre-certifications and authorizations. It also covers two-week and three-month follow-up visits with a Registered Dietitian.
- Pre-op appointment with Pre-Admission Testing Lab**
 - Receive all pre-op instructions and pre-hospitalization assessment



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- Two week post-op visit with surgeon**
- Two week post-op visit with registered dietitian / Nutrition Group Education**
Classes are offered on Tuesdays from 1:30 to 2:30 pm
- Six week post-op visit with surgeon**
- Three month post-op visit with registered dietitian / Nutrition & Physical Activity Group Education**
Classes are offered the first and third Wednesday of the month from 2:30 to 4 pm
- Three month post-op visit with medical provider – Labs due at this visit**
- Six month post-op visit with medical provider – Labs due at this visit**
- One year post-op visit with medical provider – Labs due at this visit**
- Annual visit with medical provider – Labs due at this visit**
- Monthly Care and Support** – Support Group 3rd Monday of each month at 5:30 pm at the Metabolism Center