



Watch for  
Mindful

Menu Solutions...

Look for the Mindful icon to find your way to better nutrition.

### Hours

Monday - Sunday 6:00am-9:00pm

### Managers

Director of Nutrition: Mark Culp X 4750

Operation Manager: Paul Kaneshki X 4056

Retail Manager: Rieko Wakefield X 5524

Executive Chef: Perry Wenzel X 4752

Clinical Nutrition Manager: Tami Waite X 5508

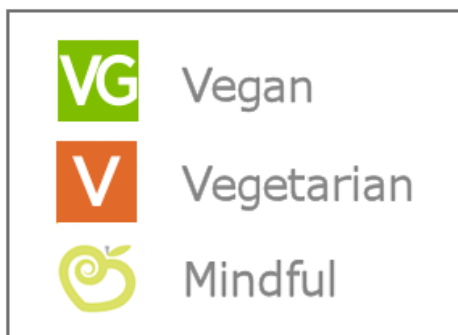
### Supervisors

Cafe: Nate Decouteau X 4053

Lupe Jimenez X 4053

Candida Paiana X 4053

Patient Service: Bobbie Dewitz X 4051



# BILLING CLINIC CAFÉ

Week of Monday June 24

## Monday

Grill: Grilled Reuben Sandwich  
Salad Special: Uptown Waldorf Chicken Salad  
Soup: Mediterranean Lentil Soup (Mindful)   
Turkey Noodle Soup   
Entree: Fish Tacos  
Ratatouille Stuffed Portabello  
Innovations: Austin Roadhouse Chicken Wrap  
Chef's Features: Haystack Bar

## Tuesday

Grill: Grilled Reuben Sandwich  
Salad Special: Uptown Waldorf Chicken Salad  
Soup: Cream of Tomato   
Loaded Baked Potato Chowder  
Entree: Chicken A La King  
Herb Roasted Pork Loin  
Kung Pao Pork  
Innovations:  
Chef's Features: Taco Bar

## Wednesday

Grill: Grilled Reuben Sandwich  
Salad Special: Uptown Waldorf Chicken Salad  
Soup: Chicken Tortilla Soup (Mindful)   
Hearty Beef Vegetable Soup  
Entree: Chicken Cacciatore  
Black Bean Enchilada  
Innovations: Arizona Turkey Pita Panini  
Chef's Features: Mac & Cheese Bar

## Thursday

Grill: Grilled Reuben Sandwich  
Salad Special: Uptown Waldorf Chicken Salad  
Soup: Cream of Fresh Broccoli Soup (Mindful)   
Spanish Chorizo & White Bean Soup   
Entree: Carved Smoked Pit Ham  
Philippine Chicken & Pineapple Adobo  
Innovations: Buffalo Chicken Spaghetti  
Chef's Features: Strawberry chicken Salad Bar

## Friday

Grill: Grilled Reuben Sandwich  
Salad Special: Uptown Waldorf Chicken Salad  
Soup: Minestrone   
New England Clam Chowder  
Southwest Salisbury Steak  
Brazilian Style Chicken  
Entree:  
Innovations: Bacon Avocado & Tomato Panini  
Chef's Features: Nacho Bar

## Saturday

Grill: Grilled Reuben  
Soup: Potato Leek Soup   
Chili Con Carne

## Sunday

Grill: Grilled Reuben  
Soup: Southwest Three Bean Barley Soup   
Chili Con Carne

# Commons Café Weekly Menu

Week of June 24

6:30am-4:30pm

Soup & Kitchen Closed at 3:00pm

## Classic Tuna Melt Panini

Tuna salad and melted cheddar cheese on griddled panini bread

**Cal 740**

Serv Size: 1 Sandwich (255g) • Fat cal 390 • Total fat 43g • Sat fat 16g • Trans fat 0g • Cholest 95mg • Sodium 1040mg • Total carb 53g • Fiber 4g • Sugars 3g • Protein 34g

Contains milk, eggs, fish, wheat, soy, gluten, mustard, sesame



## Buffalo Chicken Hand Tossed Salad

Spicy Buffalo-Style Chicken, Celery, Onions and Carrots in a Blue Cheese Dressing

**Cal 670**

Serv Size: 1 Salad (387g) • Fat cal 430 • Total fat 48g • Sat fat 8g • Trans fat 0g • Cholest 80mg • Sodium 1670mg • Total carb 36g • Fiber 5g • Sugars 8g • Protein 23g

Contains milk, eggs, wheat, soy, gluten



## Pepperoni Pizza

Pizza Dough, Tomato Sauce, Sliced Pepperoni and Shredded Blended Cheese

**Cal 630**

Serv Size: 1-7" Pizza (294g) • Fat cal 200 • Total fat 22g • Sat fat 9g • Trans fat 0g • Cholest 50mg • Sodium 1580mg • Total carb 77g • Fiber 4g • Sugars 7g • Protein 31g

Contains milk, wheat, soy, gluten



## Monday's Soup

Mediterranean Lentil, Turkey Noodle, Chili

## Tuesday's Soup

Cream of Tomato, Loaded Baked Potato Chowder, Chili

## Wednesday's Soup

Chicken Tortilla, Harty Beef vegetable, Chili

## Thursday's Soup

Cream of Fresh Broccoli, Spanish Chorizo & White Bean, Chili

## Friday's Soup

Classic New England Clam Chowder, Minestrone, Chili

Now available choice of vegetable sticks or fruit cup with any sandwiches. Condiments are additional.