Watch for Mindful Menu Solutions...
Look for the Mindful icon to find your way to better nutrition.

**Hours**
Monday - Sunday 6:00am-9:00pm

**Managers**
Director of Nutrition: Mark Culp X 4750
Operation Manager: Paul Kaneski X 4056
Retail Manager: Rieko Wakefield X 5524
Executive Chef: Perry Wenzel X 4752
Clinical Nutrition Manager: Tami Waite X 5508

**Supervisors**
Cafe: Nate Decouteau X 4053
Lupe Jimenez X 4053
Don Williams X 4053
Patient Service: Bobbie Dewitz X 4051

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**BILLING CLINIC CAFÉ**

**Week of Monday November 11**

**Monday**

- **Grill:** Cowboy Burger Warp
- **Salad Special:** Uptown Waldorf Chicken Salad
- **Soup:**
  - Cheeseburger Chowder
  - Chicken Vegetable Gnocchi Soup 😊
- **Entree:**
  - Pan Fried Tilapia with Chili Lime Butter
  - Sauteed Chicken Marsala
- **Innovation:** Alfredo Pasta Bowl & Italian Sausage
- **Chef’s Features:** Mediterranean Chicken Salad Bar

**Tuesday**

- **Grill:** Cowboy Burger Warp
- **Salad Special:** Uptown Waldorf Chicken Salad
- **Soup:**
  - Cream of Chicken & Wild Rice (Mindful) 😊
  - Three Mushroom Barley 😊
- **Entree:**
  - Chicken Spinach Lasagna
  - Pork Cutlet Schnitzel
- **Innovation:** Curried Sesame Tofu with Rice & Vegetable
- **Chef’s Features:** Taco Bar

**Wednesday**

- **Grill:** Cowboy Burger Warp
- **Salad Special:** Uptown Waldorf Chicken Salad
- **Soup:**
  - Chicken & Corn Chowder
  - Caribbean Jerk Soup
- **Entree:**
  - Asian Beef and Broccoli Stir-Fry
  - Beef & Bean Burrito
- **Innovation:** Hot Italian Meatball sandwich
- **Chef’s Features:** Southern Jazz Chicken Salad Bar

**Thursday**

- **Grill:** Cowboy Burger Warp
- **Salad Special:** Uptown Waldorf Chicken Salad
- **Soup:**
  - Asian Chicken Soup (Mindful) 😊
  - Harvest Broccoli Soup (Mindful) 😊
- **Entree:**
  - Home-Style Meatloaf
  - Chicken Tikka Marsala
- **Innovation:** Tuna Melt Panini Wrap
- **Chef’s Features:** Pita Bar

**Friday**

- **Grill:** Cowboy Burger Warp
- **Salad Special:** Uptown Waldorf Chicken Salad
- **Soup:**
  - Italian Wedding Soup
  - New England Clam Chowder
- **Entree:**
  - Cod Margarita
  - Roast Turkey Breast
- **Innovation:** Broccoli Chicken Pesto Penne
- **Chef’s Features:** Hot Dog Bar

**Saturday**

- **Grill:** Cowboy Burger Warp
- **Soup:**
  - Cream of Tomato Soup 😊
  - Chili Con Carne

**Sunday**

- **Grill:** Cowboy Burger Warp
- **Soup:**
  - Creamy Potato & Green Chili Soup
  - Chili Con Carne
Commons Café Weekly Menu
Week of November 11
6:30am-4:30pm
Soup & Kitchen Closed at 3:00pm

Italian Loafer Sandwich
Warm Ham, Salami, Pepperoni and Provolone Sandwich with Lettuce, Tomato and Onion
Cal 540
Serv Size: 1 Sandwich (252g) • Fat cal 250 • Total fat 28g • Sat fat 12g • Trans fat 0g • Cholest 65mg • Sodium 1510mg • Total carb 46g • Fiber 3g • Sugars 4g • Protein 27g
Contains milk, wheat, soy, gluten

Apple Orchard & Pecan Salad
Tart apples, dried cranberries, Feta, roast turkey, cornbread croutons, candied pecans & Honey Mustard Dressing
Cal 570
Serv Size: 1 Salad (321g) • Fat cal 350 • Total fat 39g • Sat fat 10g • Trans fat 0g • Cholest 25mg • Sodium 1170mg • Total carb 45g • Fiber 4g • Sugars 24g • Protein 15g
Contains milk, eggs, wheat, tree nuts, soy, gluten, mustard

Taco Pizza
Salsa, Refried Beans, Cheese, Taco-meat topped with Lettuce and Tomatoes
Contains milk, eggs, wheat, tree nuts, soy, gluten, mustard

Monday’s Soup
Cheeseburger Chowder, Chicken Vegetable Gnocchi, Chili
Tuesday’s Soup
Cream of Chicken & Wild Rice, Three Mushroom Barley, Chili
Wednesday’s Soup
Chicken & Corn Chowder, Caribbean Jerk, Chili
Thursday’s Soup
Asian Chicken, Harvest Broccoli, Chili
Friday’s Soup
Classic New England Clam Chowder, Italian Wedding, Chili

Now available choice of vegetable sticks or fruit cup with any sandwiches. Condiments are additional.