



# BILLING CLINIC CAFÉ

Week of Monday September 16

Watch for  
Mindful

Menu Solutions...

Look for the Mindful icon to find your way to better nutrition.

## Hours

Monday - Sunday 6:00am-9:00pm

## Managers

Director of Nutrition: Mark Culp X 4750

Operation Manager: Paul Kaneski X 4056

Retail Manager: Rieko Wakefield X 5524

Executive Chef: Perry Wenzel X 4752

Clinical Nutrition Manager: Tami Waite  
X 5508

## Supervisors

Cafe: Nate Decouteau X 4053  
Lupe Jimenez X 4053  
Don Williams X 4053  
Candida Paiaina X 4053

Patient Service: Bobbie Dewitz X 4051



## Monday

Grill: Sloppy Joe  
Salad Special: Classic Cobb Salad  
Soup: Split Pea with Smoked Ham American Bounty Vegetable Soup   
Entree: Shrimp Lo Mein  
Mexican Vegetarian Tacos  
Innovations: Chicken & Black Bean Quesadilla  
Chef's Feature: Mediterranean Chicken Salad Bar

## Tuesday

Grill: Sloppy Joe  
Salad Special: Classic Cobb Salad  
Soup: Artichoke & Spinach  
Bacon Corn Chowder  
Entree: Cheese Ravioli with Bolognese Sauce  
Maple Peach Glazed Smoked Pit Ham  
Innovations: Siciliano Panini  
Chef's Feature: Taco Bar

## Wednesday

Grill: Sloppy Joe  
Salad Special: Classic Cobb Salad  
Soup: Autumn Vegetable Soup (Mindful)   
Old-Fashioned Chicken Noodle Soup  
Entree: Boneless Pork Chop Apples & Sweet Potato  
House Smoked Beef Brisket  
Innovations: Buffalo Chicken Wrap  
Chef's Feature: Chef Salad Bar

## Thursday

Grill: Sloppy Joe  
Salad Special: Classic Cobb Salad  
Soup: Beef, Barley & Mushroom   
Sweet Potato and Black Bean Chili   
Entree: Chicken Cordon Bleu  
Tamarind Masala Meatloaf  
Innovations: Mediterranean Turkey Panini  
Chef's Feature: BBQ Bar

## Friday

Grill: Sloppy Joe  
Salad Special: Classic Cobb Salad  
Soup: Classic New England Clam Chowder  
Curry Lentil Soup   
Entree: Lemon Thyme Pan Roasted Salmon  
Steak Milanese  
Innovations: Butternut Squash Risotto  
Chef's Feature: Fajita Bar

## Saturday

Soup: Chunky Vegetable & Orzo Soup   
Chili  
Grill: Sloppy Joe

## Sunday

Soup: Cauliflower Cheese  
Chili  
Grill: Sloppy Joe

# Commons Café Weekly Menu

Week of September 16

6:30am-4:30pm

Soup & Kitchen Closed at 3:00pm

## Baja BLT Wrap

Mexican-Style BLT Wrap with Avocado, Pepper Jack Cheese and Chipotle Mayonnaise

**Cal 670**

Serv Size: 1 Wrap (283g) • Fat cal 410 • Total fat 46g • Sat fat 16g • Trans fat 0g • Cholest 60mg • Sodium 1270mg  
• Total carb 44g • Fiber 6g • Sugars 3g • Protein 22g

Contains milk, eggs, wheat, soy, gluten, mustard



## Chicken Caesar Salad Bowl

Crisp Romaine Lettuce Tossed with Caesar Dressing, Lemon Chicken, Parmesan, Tomatoes and Croutons

**Cal 670**

Serv Size: 1 Salad (385g) • Fat cal 470 • Total fat 52g • Sat fat 12g • Trans fat 0g • Cholest 120mg • Sodium 1220mg  
• Total carb 17g • Fiber 5g • Sugars 4g • Protein 34g

Contains milk, eggs, fish, wheat, soy, gluten, mustard



## Pepperoni Pizza

Personal Size Pepperoni Pizza

**Cal 710**

Serv Size: 1 Pizza-7" (313g) • Fat cal 270 • Total fat 30g • Sat fat 16g • Trans fat 0g • Cholest 75mg • Sodium 1640mg • Total carb 76g • Fiber 4g • Sugars 8g • Protein 33g

Contains milk, eggs, wheat, soy, gluten



## Monday's Soup

American Bounty Vegetable Soup, Split Pea with Smoked Ham, Chili

## Tuesday's Soup

Artichoke & Spinach, Bacon Corn Chowder, Chili

## Wednesday's Soup

Autumn Vegetable, Old Fashioned Chicken Noodle, Chili

## Thursday's Soup

Beef, Barley & Mushroom, Sweet Potato & Black Bean Chili, Chili

## Friday's Soup

Classic New England Clam Chowder, Curry Lentil, Chili

Now available choice of vegetable sticks or fruit cup with any sandwiches. Condiments are additional.