



Tips for a great Virtual Care Visit

1

Please sit in a well-lit room that is as quiet and as free of distractions as possible.

We get it... you're at home, so do your best, if we end up seeing your children or your pets, that's ok (and even fun for us to see them!)

2

Visits work best if you use your smartphone.

Log in 5-10 minutes before your scheduled appointment time.

Once you log in, do the pre-call test located on the bottom left of the screen to ensure you have a good connection.



3

Tools to have available:

- A thermometer
- A flashlight or other light source (so we can look in your throat)
- Your weight or a scale
- The name/location of your pharmacy



4

The doctor or nurse practitioner will have you help with your physical exam.

We might have you show the phone to your throat, or have you take your temperature, amongst other things.

5

Don't be nervous to ask questions. If a loved one or spouse is present feel free to have them ask questions as well.

We want this experience to be as comfortable as possible.

We're excited to offer this new service!
Questions or Concerns?
Please don't hesitate to call us!

To learn more about preparing for a Virtual Visit, go to billingsclinic.com/virtualcare or call 406-435-1108.

