

Developmental Checklist

0-3 Months:

- Grasps rattle or hair
- Follows rattle with eyes across midline
- Reaches for rattle
- Watches a rolling ball
- Startled by loud sounds (hand clap 3-6 feet away)
- Calmed by mother's voice and will smile at caregiver
- Makes pleasure sounds such as cooing
- While laying on stomach lifts, turns and maintains head at 45 degrees
- Reciprocal kicking while laying on back
- Holds head at midline when held up at your shoulder



3-6 Months:

- Reaches for objects to pick them up
- Helps hold bottle during feeding
- Turns eyes and head to sound
- Babbles with a variety of sounds
- Enjoys sound making toys
- On stomach lifts head and chest by fully extending arms
- Rolls from stomach to back
- Plays with feet (feet to mouth)

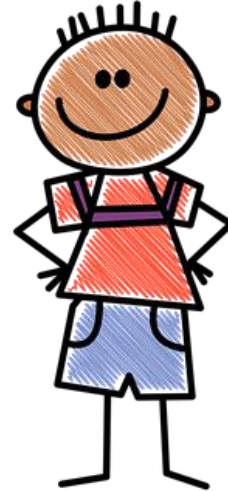
6-9 Months:

- Responds to own name
- Recognizes words for common items "cup, shoe, bottle, book"
- Repeats sounds sequences (la-la-la-la)
- Shakes a rattle
- Transfers object from one hand to the other
- Rolls back to stomach
- Reaches for toys while laying on stomach
- Independent sitting
- Belly crawls
- Uses gestures to communicate such as grasping and clapping
- Begins to respond to simple directions



9-12 Months:

- Turns head towards loud and soft sounds
- Babbles in response to human voice
- Gives toys on request
- Puts objects in container
- Picks up small objects using thumb and pointer finger
- Points at objects they want using their pointer finger
- Claps hands and waves
- Bangs two objects together
- Crawls on hands and knees
- Pulls to stand
- Cruises



12-18 Months:

- Walks independently
- Identifies body parts, people and toys on request
- Locates sound in all directions
- Uses jargon
- Uses a few words
- Likes to pull, push and dump things
- Pulls off shoes, socks and mittens
- Feeds self
- Make marks on paper with crayons
- Holds marker like you would a knife
- Walks up steps with support
- Walks backwards
- Walks down stairs with one hand support

18-24 Months:

- Follows simple commands and understands simple questions
- Speaks in two-word phrases (25% understandable) "mama book, morecookies"
- Recognizes environment sounds
- Uses many different consonant sounds
- Identifies common household toys and objects
- Feeds self with a spoon
- Turns two or three pages, one at a time
- Snips paper in one place
- Emerging vocabulary of 20-200 words



18-24 Months Continued:

- Runs
- Walks sideways
- Jumps forward four inches
- Jumps up two inches with feet together
- Kicks a ball forward three feet
- Throws a ball overhand
- Stacks six blocks



2 – 2 ½ Year Olds:

- Imitates drawing a horizontal line with a marker on paper
- Opens a door turning the knob
- Refers to self by name
- Makes most speech sounds correctly, no longer uses jargon
- Vocabulary of 50+ words in 2-3 word phrases that is approximately 50% intelligibility
- Answers yes/no questions about familiar events
- Walks up and down stairs without support
- Jumps down off of objects up to 21 inches high (may lead with one foot)
- Attempts to catch a ball by extending both arms out
- Identifies hair, eyes, ears, and nose by pointing and stating

3 Year Olds:

- Can match primary colors, names one color
- Understands yesterday, summer, lunchtime, tonight, and little - big
- Has a sentence length of 3-4 words
- Can sing songs
- Asks what questions frequently
- Builds an 8-10 cube tower
- Starts to use a preferred hand
- Unbuttons large buttons
- Cuts paper with scissors
- Walks up steps without support placing one foot on each step
- Jumps forward 26 inches
- Runs with arms moving back and forth across body at or below waist
- Throws a ball overhand ten feet
- Throws a ball underhand to a target from five feet away
- Walks on a four foot long by four inch wide line without stepping off

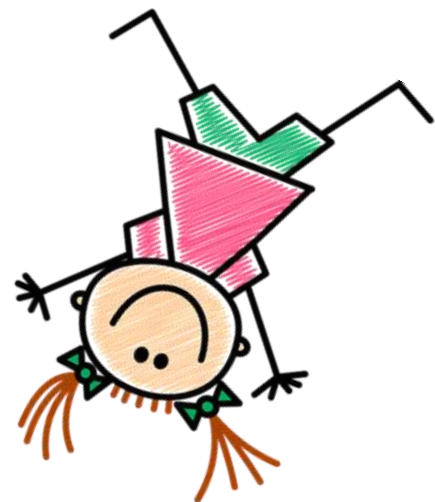
4 Year Olds:

- Points to colors red, blue, yellow and green
- Identifies crosses, triangles, circles and squares
- Follows commands even though objects not present
- Can speak of imaginary conditions such as "suppose that" or "I hope"
- Has sentence length of 4-5 words with 75% intelligibility
- Asks "who and why" questions
- Uses contractions such as it's a or there's a
- Uses past tense correctly
- Stands on one leg for seven seconds
- Walks up and down stairs with confidence
- Hops on one foot forward eight feet
- Gallops
- Kicks a slow moving ball
- Wash and dry face
- Brushes teeth
- Copies a circle, square and rectangle
- Cuts paper on a line
- String 12 beads
- Catches a large ball using only hands from 5 feet away



5 Year Olds:

- Define objects by their use
- Knows their address
- Has a sentence length of 5-6 words
- Understands same and different
- Uses future, present and past tense
- Distinguishes left and right hand on them self
- Uses all types of sentences
- Hops forward ten feet
- Skips ten feet using arm movements
- Run and kick a ball
- Kick a ball in the air so it travels 1-12 feet
- Dress self
- Can do up buckles, buttons and snaps
- Touch thumb to each finger in 8 seconds



6 Year Olds:

- Hop forward on one foot for 15 feet
- Broad jump 30 inches
- Throw a ball while stepping forward
- Start to be successful at jumping rope
- Bounce and catch a tennis ball with one hand
- Color pictures inside the lines
- Draw a diamond
- Write first and last name
- Skipping
- Walk on balance beam backward



If you have any questions or concerns about your child's development, please contact Billings Clinic Pediatric Therapy at **406-238-5676** or visit our website at **www.billings.clinic.com/pediatrictherapy**.

We provide outpatient pediatric speech therapy, occupational therapy and physical therapy services to children 0 - 18 years of age.