



Billings Clinic Café

Week of Monday December 10

Watch for
Mindful

Menu Solutions...

Look for the Mindful icon to find
your way to better nutrition.

Hours

Monday - Sunday 6:00am - 9:00pm

Managers

General Manager: Mark Culp X 4750

Operation Manager: Paul Kaneshki X 4056

Retail Manager: Rieko Wakefield X 5524

Clinical Nutrition Manager: Tami Waite
X 5508

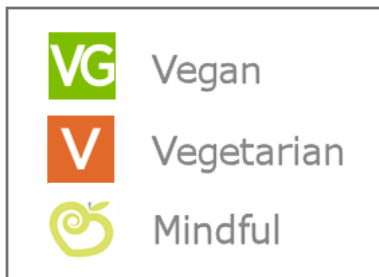
Executive Chef: Perry Wenzel X 4790

Supervisors

Cafe: Don Williams X 4053
Nate Decouteau X 4053
Amanda Hartung X 4053

Patient Service: Bobbie Dewitz X 4051

Production: James Scheneman x 4116



Monday

Grill : Sloppy Joe Sandwich
Soup: Potato Leek Soup (Mindful)
Homestyle Chicken and Rice Soup
Entree: Chicken Breast Florentine
Shrimp Lo Mein
Innovations: Ham, Artichoke & mozzarella Panini
Chef's Features: Chicken Caesar salad Bar

Tuesday

Grill: Turkey & Bacon Club sandwich
Soup: Corn & Red Pepper Chowder (Mindful)
Louisiana Chicken and Andouille Gumbo
Entree: Apricot & Mustard Glazed Chicken
Salisbury Steak
Innovations: Crispy Orange Chicken Stir Fry
Chef's Features: Taco Bar

Wednesday

Grill: Buffalo Chicken & Mac Sandwich
Soup: Vegetable Beef Barley (Mindful)
Cream of Fresh Broccoli Soup (Mindful)
Entree: Pesto Crusted Cod
French Country Chicken
Reuben Panini
Innovations:
Chef's Features: Pasta bar

Thursday

Grill: Catfish Po'boy (New)
Soup: Thai Chicken & Rice Soup (Mindful)
White Bean, Cabbage & Sausage Soup
Entree: Steak Milanese
Chicken Tandoori
Innovations: Vegetable or Shrimp Curry (New)
Chef's Features: Chef Salad Bar

Friday

Grill: The Ultimate Meatball Sandwich
Soup: Classic New England Clam Chowder
Sweet Potato and Black Bean Chili
Entree: Lemon Thyme Pan Roasted Salmon
Cheese Enchiladas
Innovations: Siciliano Panini
Chef's Features: Asian Bar

Saturday

Soup: Thick & Zesty Chili
Asian Chicken Soup (Mindful)
Entree: Smoky Mountain Chicken Sandwich (New)

Sunday

Soup: Thick & Zesty Chili
Roast Turkey & Rice Soup
Entree: Spaghetti and Meatballs

Commons Café Weekly Menu

Week of December 10

Monday – Friday

6:30am – 4:30pm

Kitchen & Soup Closed at 3pm

Weekly Special Sandwich: Turkey Cranberry Club Wrap

Turkey Cranberry Club Wrap

Cal 730

Serv Size: 1 Wrap (267g) • Fat cal 400 • Total fat 44g • Sat fat 15g • Trans fat 0g • Cholest 95mg • Sodium 1440mg
• Total carb 47g • Fiber 2g • Sugars 5g • Protein 36g

Contains milk, eggs, wheat, soy, gluten, mustard



Weekly Special Salad: Classic Chef Salad

Classic Chef Salad with Julienne Turkey, Ham, Swiss and Cheddar Cheese and Hard Cooked Egg

Cal 410

Serv Size: 1 Salad (358g) • Fat cal 260 • Total fat 29g Sat fat 9g • Trans fat 0g • Cholest 155mg • Sodium 1330mg
Total carb 12g • Fiber 3g • Sugars 7g • Protein 28g

Contains milk, eggs, soy



Weekly Special Pizza: Chicken & Bacon Ranch Pizza

Cheese Pizza with Bacon, Chicken, Onion, Tomato and Ranch Dressing

Cal 580

Serv Size: 1 Slice-Cut 8 (16") (229g) • Fat cal 240 • Total fat 27g • Sat fat 13g • Trans fat .5g • Cholest 65mg •
Sodium 1260mg • Total carb 54g • Fiber 3g • Sugars 6g • Protein 30g

Contains milk, eggs, wheat, soy, gluten, MSG



Monday's Soup

Potato Leek, Homestyle Chicken & Rice Chili

Tuesday's Soup

Corn & red Pepper Chowder, Louisiana Chicken & Andouille, Chili

Wednesday's Soup

Cream of Broccoli, Vegetable Beef Barley, Chili

Thursday's Soup

Thai Chicken & Rice, White Bean, Cabbage & sausage, Chili

Friday's Soup

New England clam chowder, Sweet Potato & Black Bean Chili,

Now available choice of vegetable sticks or fruit cup with any sandwiches! Condiments are additional cost.