



Training Center
2800 Tenth Avenue North
PO Box 37000
Billings, MT 59107-7000

Dear Participant,

You are signed up to participate in the PALS course for the new or current provider to sharpen your PALS expertise. **Please plan to be on time** because it will be difficult for late students to catch up once we start. Students are expected to attend and participate in the entire course.

It is *mandatory* that you **must purchase or have the new 2020 PALS Provider manual you will be required to bring this to class.** The **2020 ECC Handbook is optional.** *(These may be purchased from the Training Center)*

Precourse Self-Assessment

1. Visit elearning.heart.org/courses.
2. Find the course name ([PALS Precourse Self-Assessment](#)).
3. Once you find your course, select Launch Course to begin.

Note: If you haven't already logged in, the system will ask you to do so. If you haven't visited the site before, you'll be prompted to set up an account.

How to Get Ready

The PALS Course is designed to teach you the lifesaving skills required to be both a team member and a Team Leader in either an in-hospital or out-of-hospital setting. Because the PALS Course covers extensive material in a short time, you will need to prepare for the course beforehand.

Precourse Requirements

You should prepare for class by doing the following:

1. Review and understand the information in your *PALS Provider Manual*.
2. Review, understand, and pass the mandatory precourse self-assessment.
3. Review, understand, and complete the mandatory precourse work (video lessons). You must pass the precourse self-assessment before gaining access to the video lessons. Once you have passed the PALS Precourse Self-Assessment and completed the video lessons, print your certificate, and bring it with you to class.
4. Ensure that your BLS skills and knowledge are current for the resuscitation scenarios. You will be tested on child and infant high-quality BLS skills using a feedback manikin at the beginning of the PALS Course. You must know this in advance because you will not be taught how to do CPR or use an AED.

What to Bring and What to Wear

Bring your *PALS Provider Manual* to each class. You will need it during each lesson in the course. You may wish to purchase the *2020 Handbook of Emergency Cardiovascular Care for Healthcare Providers* (optional), which you may bring to class to use as a reference guide during some of the stations in the course.

Please wear loose, comfortable clothing to class. You will be practicing skills that require you to work on your hands and knees, and the course requires bending, standing, and lifting. If you have any physical condition that might prevent you from engaging in these activities, please tell an instructor. The instructor may be able to adjust the equipment if you have back, knee, or hip problems.

Registration cancellation and absenteeism:

A 10-day notice of registration cancellation is required. Registrants providing less than 10 days of notice to the Training Center are not eligible for a refund and will be charged for the course. Billings Clinic employees not providing 10 days of notice will have their respective departments charged for the class. Understandably, emergencies and other unforeseen events can occur which could prevent notifying the Training Center of a cancellation until the last moment. The TC Coordinator will therefore review the circumstances of the late notification prior to charging the student or department.

You must have, bring your *current BLS Healthcare provider card* to attend the course. A copy would be even better 😊.

This class will be held at 801 North 29th Street, Billings, MT 59107

Billings Clinic Commons, go to the basement using the Cancer Center elevators or stair case near the Cancer Center just past the dedication signage. After leaving the elevator take an immediate left or take an immediate right after the stairs. Go through the double doors and you are in the simulation and experiential learning lab.

If you have any questions do not hesitate to contact my office at 657-4228

Respectfully,



**American Heart Association Emergency Cardiovascular Care Program
PALS Provider Course Agenda**

**Billings Clinic Simulation Lab (SELL)—801 North 29th Street
Day 1**

0745-0800	Registration		
0800-0850	Welcome/Collect pre-course exam Collect copies of current BLS Healthcare Provider Cards -		
0850-0900	PALS Course Overview/Organization –		
0900-0940	BLS and PALS Survey –		
0940-0955	Break		
	Management of Respiratory Arrest Learning and Testing Station	CPR, AED and IO Learning and Testing Stations	
0955-1040	A	B	
1040-1125	B	A	
1125-1145	The Megacode and Resuscitation Team Concept –		
1145-1155	Respiratory Emergencies and Shock Emergencies –		
1155-1240	Lunch		
1240-1305	Cardiac Emergencies and Review Mega Code/Rhythms – All Instructors		
1305-1320	Break		
1320-1630	Cardiac Arrest (VF/Pulseless VT) Learning Stations	Bradycardia/PEA/Asystole Learning Stations	Tachycardia, stable and Unstable Learning Station

Day 2			
0800-0845	Questions from Students – All Instructors		
0845-0945	(Station 1) Putting It All Together All Instructors	(Station 2) Putting It All Together All instructors	(Station 3) Putting It All Together All Instructors
	A	B	C
	B	C	A
	C	A	B
0945-1000	Break		
1000-1100	Written Exam		
1100-1130	Mega Code Review – All Instructors		
1130-1200	Lunch		
1200-1330	Station A Mega Code Test	Station B Mega Code Test	Station C Mega Code Test
1330-1345	Question/Answer/Evaluations/PALS Remediation – All Instructors		

The American Heart Association strongly promotes knowledge and proficiency in BLS, ACLS, and PALS and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the American Heart Association, and fees charged for such a course do not represent income to the Association.

Billings Clinic is an approved provider of continuing nursing education by the Montana Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Contact Hours will be awarded commensurate of amount of time spent in class and successful completion of this activity.

Criteria for successful completion of this activity is:

- Attending the entire session (both days)
- Participate in all lesson of the skills demonstration as a team leader
- Completing the written exam with a score of 84% or higher
- Completed evaluation form