



Billings Clinic

27th ANNUAL

# Senior Sports & Arts Festival

May 14-20, 2012

Open to anyone 55 years of age and up

**BALLOT**

<input type="checkbox"/> Crafts	<input type="checkbox"/> Shanghai Rummy
<input type="checkbox"/> Fine Arts	<input type="checkbox"/> Wii Bowling
<input type="checkbox"/> Bowling	<input type="checkbox"/> Rummikub
<input type="checkbox"/> Bunco	<input type="checkbox"/> Fun Walk
<input type="checkbox"/> Dominoes	<input type="checkbox"/> Cribbage
<input type="checkbox"/> Bingo	<input type="checkbox"/> Bridge
<input type="checkbox"/> Golf	<input type="checkbox"/> Scrabble
<input type="checkbox"/> Tennis	<input type="checkbox"/> Zumba
<input type="checkbox"/> Yahtzee	<input type="checkbox"/> Tai Chi
<input type="checkbox"/> Bicycling	<input type="checkbox"/> Pinochle



Registration deadline is May 7, 2012

# SCHEDULE OF EVENTS

• **May 14 - 20, 2012** •

**657-4400**

TO REGISTER FOR EVENTS IN THE SENIORS SPORTS & ARTS FESTIVAL, review the choices below. Then mark your selections on the Registration Form. One person per Registration Form, please. \$6 is all you pay to register. (Bowling, golf, tennis & wine tasting have additional fees.) The registration fee allows access to all events including the Crafts-Fine Arts Reception and the Festival Awards Banquet. To verify or cancel participation or for additional forms, call Billings Clinic Senior Life Partners at 657-4400 or 1-800-332-7156 extension 4400. Additional registration forms also available on Billings Clinic website at [www.billingsclinic.com/ssaf](http://www.billingsclinic.com/ssaf).

<b>SOCIAL ACTIVITIES:</b>	<b>DAY</b>	<b>TIME</b>	<b>LOCATION</b>
<b>CRAFTS, FINE ARTS RECEPTION and AWARDS</b> Demonstrations! Awards! Ice Cream Social! Advance reservations required.	Friday May 18	2:00 pm	Billings Community Center 360 North 23rd 657-3050 Host: Bernie Mason at 256-2828 and Rachel Long at 254-9004 Sponsor: Suzanne Belser with Alzheimer's Association at 252-3053
<b>WINE TASTING &amp; TOUR</b>  Enjoy wine tasting along with an assortment of cheese/crackers and tour the winery. \$5 per person at door. (Mullowney Lane past Howard Johnson; left on Holiday Ave; and left on Holiday Circle Limited to first 30 registrants – no walk ins.	Friday May 18	5:30 pm	 Yellowstone Cellars & Winery 1335 Holiday Circle Host: Clint Peck 671-0851 <a href="http://www.yellowstonecellars.com">www.yellowstonecellars.com</a>
<b>FESTIVAL AWARDS BANQUET &amp; CELEBRATION</b> Door prizes! Awards! Good time! Advance reservations required Please no walk ins!	Sunday May 20	11:30 am–12:30 pm Exhibits 12:30 pm Banquet	Billings Hotel & Convention Center 1223 Mullowney Lane Call Billings Clinic at 657-4400 or Billings Community Center 657-3050
<b>RECREATIONAL EVENTS:</b>	<b>DAY</b>	<b>TIME</b>	<b>LOCATION</b>
<b>CRAFTS</b> Category information will be mailed to those who enter items. Display Tuesday-Friday 10:00 to 3:00	Mon – Fri May 14-18	Bring items May 14 9:00 am to 3:00 pm Pick up items May 18 at Awards Reception	Billings Community Center 360 North 23rd 657-3050 Host: Bernie Mason at 256-2828
<b>FINE ARTS</b> Category information will be mailed to those who enter items. Display Tuesday-Friday 10:00 to 3:00	Mon – Fri May 14-18	Bring items May 14 9:00 am to 3:00 pm. Pick up items May 18 at Awards Reception	Billings Community Center 360 North 23rd 657-3050 Host: Rachel Long at 254-9004
<b>BOWLING</b> Singles, Doubles & Team \$6.00 per event (3 games = 1 event) due at check-in. Rules available at Fireside Lanes.	Mon Tues & Fri May 14, 15, 18	9:30 am, 12:00, 2:30 pm and 7:00 pm 9:30 am, 12:00 & 2:30 pm	Fireside Lanes 1431 Industrial Avenue 245-3678 Hosts: Mary K Hart at 259-6479 and Helen Bryson at 259-5745 Sponsor: Tammy Martinson with The Crossings 628-5017
<b>BUNCO</b> Start time firm – no late arrivals	Monday May 14	9:30 am to 11:30 am	Highgate Senior Living 3980 Parkhill Drive Host: Alicia Mader at 651-4833
<b>DOMINOES</b> Start time firm – no late arrivals	Monday May 14	10:00 am	Chapel Court 3940 Rimrock Road Host: Shelly Hoovestall at 655-5638
<b>BINGO</b> Start time firm – no late arrivals	Monday May 14	1:00 pm to 3:30 pm	Mission Ridge 3840 Rimrock Road Shuttle at 12:30 from Lillis Center Host: Lisa Sorensen at 655-5203
<b>TENNIS MIXER</b> \$5 per person for each day of participation - due at check-in.	Tues & Wed May 15–16 Check in 15 minutes before match times	6:00 pm to 8:00 pm	 Elk's Tennis Facility 934 Lewis Avenue Hosts: Dan Darkenwald at 252-5295 and Tom Thomson at 245-6998 Sponsor: Cheryl Nystrom with Journey Hospice at 794-1546

RECREATIONAL EVENTS:	DAY	TIME	LOCATION
<b>GOLF</b> 18 holes (9 each day, 2 days) Green fees \$22, half cart fee two days \$12. Luncheon \$8.50 (May 16) due at check in. Flag prizes awarded at luncheon.	Tues & Wed May 15 & 16	Report by 9:00 am Shotgun start at 10:00 am	Lake Hills Golf Club 1930 Clubhouse Way Hosts: John Hamby at 259-6646 and Jake Ketterling at 252-4920 Sponsor: Jeanie Voorhis and Carol Hash with Rocky Mountain Home Care at 652-8883 Sponsor: Linda Simonsen with Rocky Mountain Hospice at 294-0785
<b>YAHTZEE</b> Start time firm – no late arrivals	Tuesday May 15	10:00 am	Aspen View 3075 Avenue C Host: Tanna Mitten at 652-7788
<b>BIKE ON HEIGHTS NEW TRAILS</b>  Park at Centennial Arena, 427 Bench Blvd Wear helmet Rain out: go to YMCA May 15 at 1:00pm 402 North 32nd	Tuesday May 15	10:00 am	Hosts: Tom Weeks at 248-1980 and Mick Ohnstad at 252-1846 Sponsor: Connie Begger with Synergy Home Care at 839-2390
<b>SHANGHAI RUMMY</b> Get ready for a good ol' game of gin rummy! Come play!	Tuesday May 15	1:00 pm	Grand Park Vintage Suites 1221 28th Street West Host: C.J. Dahle at 652-6989
<b>Wii BOWLING!</b> Great fun for everyone!	Tuesday May 15	1:30 pm to 3:30 pm	RiverStone Health 123 South 27th Street Host: Theresa Habein and 651-6500 Becky Meisenheimer at 651-6492
<b>RUMMIKUB</b> Start time firm – no late arrivals	Wednesday May 16	9:00 am to 11:00 am	Adult Resource Alliance 1505 Avenue D Host: Joan Kimball at 259-9666
<b>PINOCHLE</b> Start time firm – no late arrivals	Wednesday May 16	1:30 pm to 4:00 pm	Bonaventure Senior Living 4001 Bell Avenue Host: Amber Lehnerz at 652-9303
<b>FUN WALK</b> ½ mile, 1 mile and 2 mile walk No speed walking or running, please. Rain out: Metrapark Park in the lower lot	Thursday May 17	Check-in 9:00 am Warm-up 9:15 am Walk 9:30 am	Dehler Park 2611 9th Ave. N. Host: Jack Beals Wyndstone Senior Living at 698-6635
<b>CRIBBAGE</b> Start time firm – no late arrivals	Thursday May 17	9:30 am to 11:30 am	Billings Clinic Aspen Meadows 3155 Avenue C Host: Anne Humphrey at 657-8818
<b>BRIDGE</b> Start time firm – no late arrivals	Thursday May 17	1:30 pm to 4:00 pm	Westpark Village 2351 Solomon Avenue Shuttle at 1:00 from St. Thomas Church Host: Cheryl Mankle and Melissa Scianna at 652-4886
<b>SCRABBLE</b>	Friday May 18	9:00 am to 11:00 am	Autumn Springs Assisted Living 3758 Avenue B Host: Doris Backus at 656-0422
<b>ZUMBA</b> Taught by Sue Fletcher	Friday May 18	10:00 am	Sweetwater Retirement Community 3140 Sweet Water Drive Host: Marianne Miller at 651-8111
<b>TAI CHI – Sampler</b>  Taught by Mark Cassel	Saturday May 19	10:00 am	Adult Resource Alliance 259-9666 1505 Avenue D Host: Joan Pinske with 252-8794 Interim Health Care

# Registration Form

(PLEASE PRINT)

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Address \_\_\_\_\_

City/State \_\_\_\_\_ Zip Code \_\_\_\_\_ Phone \_\_\_\_\_

Age Category:

- A = 55-60
- B = 61-65
- C = 66-70
- D = 71-75
- E = 76-80
- F = 81-85
- G = 86 & +
- Male
- Female

**Check your selections in the appropriate box on the Registration Form and sign the Waiver Form on the back. Send your signed Registration Form along with the \$6 registration fee to: Billings Clinic, ATTN: Senior Life Partners, PO Box 37000, Billings, MT 59107.**

## Social Activities

**Yes**       **No**  
**Friday Crafts & Fine Arts Reception and Awards**  
Advance reservations required

**Yes**       **No**  
**Friday Wine Tasting & Tour**  
Limited to first 30 registrants  
No Walk-ins - \$5 fee

**Yes**       **No**  
**Sunday Festival Awards and Celebration Banquet**  
Advance reservations required - No Walk-ins

## Recreational Events

**TENNIS MIXER**  
Pre-register by May 7  
I would like to play  
 Tuesday, May 15  
 Wednesday, May 16

**SHANGHAI RUMMY**

**RUMMIKUB**

**Wii BOWLING**

**BICYCLING**

**DOMINOES**

**GOLF - 18 Holes**  
Pre-register by May 7

Handicap \_\_\_\_\_  
Cart  Yes  No  
Golf Luncheon on Wednesday?  
 Yes  No  
(extra fee required for cart & lunch)  
Golf Foursome Preference?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

**BOWLING**  
(Singles, Doubles, Team)  
Please complete reverse side

**TAI CHI SAMPLER**

**FUN WALK**  
 **1/2 MILE**  
 **1 MILE**  
 **2 MILE**

**ZUMBA**  
 **BINGO**  
 **BUNCO**  
 **YAHTZEE**

**SCRABBLE**  
 **CRIBBAGE**  
 **BRIDGE**  
 **PINOCHLE**

**CRAFTS**  
Category information will be mailed to those who enter items.

**FINE ARTS**  
Category information will be mailed to those who enter items. Categories may be assigned at check-in.

# WAIVER FORM

**This form must be signed by all participants in any of the activities or events.**

I have no physical restrictions which would prohibit my participation in the activities and events I have selected. I assume responsibility for informing my physician of my intention to participate in the Senior Sports and Arts Festival. You have my permission to have a physician and/or paramedic personnel attend me if it is deemed necessary during my participation in the Festival. I agree that any of the officials of the Senior Sports & Arts Festival shall have the authority to refuse to let me participate, or let me continue to participate in any of the activities or events, if in their opinion, I may injure myself or others. Their decision shall be final and binding upon me.

I shall hold harmless and indemnify Billings Clinic and all other sponsors and their respective agents from any claims, damages, liabilities, or other obligations arising out of or resulting from injury or death to myself, or their respective agents or employees or any third party, or damages to any property during my participation in the Senior Sports & Arts Festival, or in connection with any damages arising out of proven negligence of Billings Clinic or the other sponsors or their respective employees in the performance of the Senior Sports & Arts Festival.

And I further agree that my name and/or photograph may be used for promotional purposes before, during, or after the Festival.

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

NAME \_\_\_\_\_ PHONE \_\_\_\_\_

IN CASE OF AN **EMERGENCY**, PLEASE CONTACT: \_\_\_\_\_

RELATIONSHIP: \_\_\_\_\_ PHONE: \_\_\_\_\_

## BOWLING PRE-REGISTRATION FORM

**Shift Times:** 9:30 am, 12:00 pm, 2:30 pm and 7:00pm (May 14)  
9:30 am, 12:00 pm and 2:30pm (May 15 & 18)

**Lane Fee:** \$6.00 per event (3 games = 1 event)

**Age Categories:** A = 55 - 60  
B = 61 - 65  
C = 66 - 70  
D = 71 - 75  
E = 76 - 80  
F = 81 - 85  
G = 86 & up

**TEAM** Date & Time/1st Choice \_\_\_\_\_ 2nd Choice \_\_\_\_\_

TEAM NAME		TEAM CAPTAIN				
Name	Address	Phone#	Card#	Age Cat.	Average	
1.						
2.						
3.						
4.						

**SINGLE/DOUBLE** Date & Time/1st Choice \_\_\_\_\_ 2nd Choice \_\_\_\_\_  
Check one or both:

Name	DbI	Sngl	Address	Phone#	Card#	Age Cat.	Average

**Please fill in all information.**

# Senior Sports & Arts Festival

## Community Partners

Adult Resource Alliance

Alzheimer's Association

Aspen View Senior Living

Autumn Springs Assisted Living

Billings Clinic Aspen Meadows

Billings Clinic Senior Life Partners

Billings Community & Senior Center

Billings Hotel & Convention Center

Billings Parks, Recreation & Public Lands

Billings Tennis Association

Bonaventure Senior Living

Canyon Creek Memory Care

Chapel Court at St Johns

Elk's Tennis Facility

Fireside Lanes

Highgate Senior Living

Humana

Interim Healthcare

Journey Hospice

Lake Hills Golf Club

Mission Ridge Active Senior Living

The Mountain Agency, Inc.

New West Health Services

Retired Senior Volunteer Program

RiverStone Health

Rocky Mountain Home Care

Rocky Mountain Hospice

Sweetwater Retirement Community

Synergy Home Care

The Crossings

Vintage Suites at Grand Park

Visiting Angels Senior Home Care

Westpark Village Senior Living Community

Wyndstone Senior Living

Yellowstone County Extension Office

